



# idevelop

Program Southern Spain Gastronomy and Tourism , 5 days

Málaga

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## Program Description

The 5-day course is designed for tourism and gastronomy teachers seeking to enhance their knowledge and teaching skills in the context of Southern Spain and Portugal rich culinary and cultural traditions. Participants will immerse themselves in the world of olive oil, Iberian ham, and traditional gastronomy during this comprehensive training program.

## Competences

To develop a thorough understanding of the cultural significance and historical context of olive oil, Iberian ham, and traditional gastronomy in Southern Spain and Portugal.

To explore the sensory aspects of these culinary treasures through hands-on workshops and tastings.

To connect with the broader gastronomic community through visits and workshops.

To inspire teachers with new perspectives and insights to enrich their students' learning experiences.

## Methodology

Through hands-on workshops, guided tours and tastings, participants will gain practical insights and deeper understanding on these essential elements of Southern Spain and Portugal cuisine. The course will culminate with delightful specialties for lunch, offering participants a holistic perspective on the region's gastronomy and tourism offerings.

## Results

- Upon completion of the course, participants will be able to:
- Effectively integrate the cultural importance of olive oil, Iberian ham and traditional gastronomy into their teaching materials.
- Demonstrate expertise in olive oil and Iberian ham selection, preparation, and tasting techniques.
- Incorporate practical cooking skills into their curriculum.
- Connect their students with the broader gastronomic community, encouraging networking and career opportunities.
- Enhance their teaching approach with fresh insights and inspiration, creating a more engaging and impactful learning experience for their students.

## Day by day Planning

### **DAY 1: Spanish Cultures and languages**

- 9.00- 10.00 Common associations with Spain. What do you think about Spain? Basic information about Spain.
- 10.00- 11.00 Geography of Spain. Geology structures. Physical and administrative maps. The most important events in the history of Spain and their influence on the history of the world and Spanish culture nowadays.
- 11.00- 12.00 Regions of Spain. Cultures and languages. Common episodes in the history of Spain
- 12.00- 13.00 Presentation about Spanish Education System
- 13.00- 14.00 Malaga Tour with a guide

### **DAY 2: Spanish Cuisine**

- 9.00-10.00 Spanish Cuisine
- 10.00-11.00 Olive Oil
- 11.-12.00 Degustation.
- 12.00-13.00 Cooking in Spain
- 13.00-14.00 Food tasting

### **DAY 3: Historic monuments**

- 9.00- 10.00 Historic buildings – different eras and styles. The legacy of the Roman Empire: Hispania. The world of the Visigoths.
- 10.00- 11.00 Eight centuries of Islamic culture: Al-Andalus. Jewish elements in monuments in Spain.
- 11.-12.00 Contemporary architecture. Engineering constructions
- 12.00- 13.00 Museums. Fascinating and unique places in Spain.
- 13.00- 14.00 Visiting typical fishermen district of Málaga

### **DAY 4: Wine degustation**

- 9.00-10.00 Wine degustation
- 10.00-11.00 Differences
- 11.-12.00 Food ingredients made in Spain.
- 12.00-13.00 Wine production.
- 13.00-14.00 Types of wines and Degustation.

## **DAY 5: Spanish traditions**

- 9.00- 10.00 Getting to know the Spanish dance culture, having workshop of Flamenco and discovering the differences between Spanish regions.
- 10.00- 11.00 Arab and Celtic influences on Spanish tradition. Celebrations and parties, typical events. Calendar of events.
- 11.00- 13.00 Cultural festivals and ceremonies in Spain. Ferias. Dance and music.
- 13.00- 14.00 Spanish cine. The world of flamenco. Sevillanas. Basic steps of this dance.