



# idevelop

**Program Creative and Critical Mind for Kindergarten , 5 days**

Málaga



## Program Description

The "Creative and Critical Mind" course is an innovative and transformative program specifically designed for European kindergarten teachers. It empowers educators with the tools and strategies needed to foster creativity and critical thinking in young learners. Recognizing that early childhood is a crucial period for cognitive development, this course equips teachers with practical, age-appropriate methods to nurture these essential skills from the very beginning of a child's educational journey.

Throughout this course, teachers will gain a deep understanding of the importance of creativity and critical thinking in the classroom. The curriculum is tailored to help educators not only grasp the theoretical foundations of these skills but also translate this knowledge into actionable teaching practices. By engaging in interactive workshops, hands-on activities, and collaborative discussions, participants will learn how to create a stimulating learning environment that encourages young children to explore, question, and think independently.

The course also emphasizes the role of play-based learning and inquiry-driven activities as powerful tools for developing creativity and critical thinking in kindergarten students. Educators will be introduced to innovative teaching methods that inspire children to engage with the world around them in a meaningful way. By the end of the course, participants will be fully equipped to implement these strategies in their classrooms, fostering a new generation of creative, confident, and critical thinkers who are prepared to navigate the complexities of the modern world.

## Competences

Participants in the "The Creative and Critical Mind for Teachers" course will develop a robust set of competencies that will enhance their teaching practices and foster a more dynamic learning environment for their students.

- Clearly define creativity and critical thinking and explain their significance in the educational context.
- Recognize the interrelationship between creative and critical thinking and how they complement each other in learning processes.
- Develop lesson plans and classroom activities that encourage student creativity.
- Utilize various creative teaching strategies such as brainstorming, mind mapping, storytelling, role-playing, and project-based learning.
- Implement questioning techniques and activities that promote deep thinking, analysis, and evaluation.
- Design interdisciplinary lessons that encourage students to apply both creative and critical thinking skills to real-world problems.
- Develop and use tools and methods to assess students' creative and critical thinking abilities
- Inspire and mentor other educators to adopt and integrate these essential skills into their teaching practices.

## Methodology

The course is designed to empower educators with the knowledge, skills, and practical strategies necessary to cultivate creativity and critical thinking in their teaching practices. This course methodology emphasizes active participation, hands-on learning experiences, collaborative engagement, and reflective practice to ensure meaningful and transformative outcomes for participants.

## Results

By the end of this course, participants will be equipped with the knowledge and skills to:

- Create a classroom environment that nurtures both creativity and critical thinking.
- Implement innovative teaching strategies that engage and inspire students.
- Develop lesson plans that challenge students to think creatively and critically.
- Assess and support the growth of these essential skills in their students.

# Day by day Planning

## **DAY 1. Brainbased education vs bodybased education.**

9.00-9.30 Welcome Session and Introduction to the course  
9.30-10.00 Education in the 21st century. Why is creative thinking so important?  
10.00-11.00 Multiple intelligences (Gardner)  
11.00-13.00 Promote Divergent Thinking: thinking outside the box.  
13.00-14.00 Both sides of the brain. The function of Playing with both hands.

## **DAY 2. Stimulating creative thinking.**

9.00- 10.00 Definition, principles & creative thinking styles. Analysis of styles among the participants.  
10.00- 11.00 Zero Zone: The importance of being present, and resting our brain's time.  
11.00- 12.15 Unconventional thinking. Activities to stimulate creative capabilities.  
12.15- 13.00 Lateral thinking. Methods of creative thinking simulation among students.  
13.00- 14.00 Biodanza: stimulating body awareness and self-confidence. A system for emotional, social, and physical development through music

## **DAY 3. Tools for Creative Expression.**

9.00-11.00 Mindfulness and creativity (part 1): Breathing Exercises, Sensory Awareness Activities.  
11.00- 13.00 Biodanza: basic classes for beginners to implement in class.  
13.00- 14.00 Art therapy: techniques, strategies and tips to stimulate creativity and critical thinking development.

## **DAY 4. Children's Soft Skills**

9:00- 10:00 Learn to Be Present, Listen, and Build Foundations for Effective Communication  
10:00- 11:00 Active Listening as a Development Strategy  
11:00- 12:00 Personal Self-Assessment and Strategies on How to Improve It  
12:00- 13:00 Empathy and Assertiveness: Tips for Their Development and Implementation  
13:00- 14:00 Collaborating and Teamwork: An Approach to the Method of Deep Analysis of Interpersonal Conflicts

## DAY 5. Engage in Socratic Questioning

9.00-10.00 Mindfulness and creativity (part 2): Creative Visualization, Mindful Storytelling

10.00-11.00 Wondering solutions. Creative ways to communicate and solve problems  
considering both sides of the brain.

11.00-12.00 Engage in Socratic Questioning: Encourage dialogue by asking open-ended  
questions

12.00-13.45 Finding my way. Sharing plan designs for a creative and critical class. Teamwork.

13.45-14.00 Goodbye Session