



# idevelop

**Course 4 CS (10 days), 10 days**

Alicante



## Course Description

In this course, educators will acquire diverse strategies and methodologies aimed at nurturing their students into not just learners, but creative and critical thinkers, adept collaborators, and proficient problem solvers. The overarching goal is to empower teachers to craft learning environments that not only foster confidence but also stimulate exploration and development in students."

To elevate problem-solving skills, the course delves into the comprehensive understanding and adept management of cognitive, intrapersonal, and interpersonal skills. By imparting this knowledge, teachers can play a pivotal role in contributing to the overall well-being and future success of their students. Through the course, educators will gain insights into the interconnected nature of these skills, enabling them to guide students towards a holistic development that extends beyond academic achievement.

## Competences

Experience heightened motivation and enthusiasm in your day-to-day professional endeavors, radiating this positive energy throughout the entire teaching community. Elevate the perspectives and developmental opportunities for each student under your guidance. Foster collaborative learning through group projects and long-term initiatives, sparking transformative changes with enduring positive effects on the learning process and contributing to a more gratifying and stimulating school climate.

Stay ahead of contemporary educational trends and methodologies, ensuring your teaching practices remain relevant and impactful. This course provides a platform for teachers to continually verify and refine their pedagogical and communication skills, empowering them to adapt to evolving educational landscapes.

Feel free to modify the language to align with the specific tone and style you envision for your communication.

## Methodology

The course approach is rooted in the collective experience and thorough analysis of the group's reality and concerns. Our primary focus will be on interactive sessions, utilizing assemblies and small group discussions to foster creativity, thereby broadening opportunities and exploring alternative avenues for action.

As an integral part of the course, teachers will be equipped with a comprehensive strategy for continuing their learning journey. This includes a tailored plan to monitor and implement best practices in their respective schools, drawing upon the knowledge, skills, and competences acquired during the course in Spain.

Teachers, through their dedicated commitment and active participation, will not only gain new competences but also have the opportunity to forge supportive networks within their communities. By showcasing their work and contributions at a local level, they become catalysts for positive change, effectively presenting and disseminating their achievements to a wider audience.

## Results

Upon completion of this course, participants will be able to:

- Gaining basic theoretical knowledge about interpersonal communication, which will enable them to use both more effective and conscious communication in order to exert better influence.
- Know the practical application of communication theory and techniques for the better development of their teaching, facilitating students' learning, collaboration and problem-solving.

- Improve your skills to build constructive and positive relationships with students, partners and families.
- Study specific programs to teach students to improve communication, social skills, and problem-solving.
- Be able to use various methods of implementing creative solutions in professional life, while discovering your own creative resources.
- Effectively create conditions and support creative and critical thinking among your students.
- Learn and use a wide range of programs and tools designed to shape creative and critical thinking.
- Learn to look for solutions and improve your communication skills by analyzing problems from a systemic and systematic point of view.
- Develop an awareness of the starting point, challenges and opportunities, planning short- and long-term strategies adapted to the personal and professional situation and the context in which their activities take place.

# Day by day Planning

## DAY 1: All and Everyone

9:00- Ice-breaking Session, Welcome and introduction to the course, Interactive activities  
10:00 for participants to get to know each other  
10:00- Presentation Activity, Participants share experiences related to the 4C's topics,  
11:00 Expectations towards the workshop are discussed  
11:00- Group Exchange, Collaborative discussion on shared experiences, Establishing a  
12:30 common understanding of workshop goals  
12:30- Case Study Analysis. Participants analyze real-world cases related to the 4C's  
14:00

## DAY 2: Creativity

9:00- Creative Thinking Principles, Definition and principles of creative thinking, Identification  
10:00 and analysis of creative thinking styles among participants  
10:00- Unconventional Thinking Techniques, Introduction to unconventional and lateral  
11:00 thinking, Simulation of creative thinking methods among students  
11:00- Creative Project Development, Collaborative creative project development,  
12:30 Presentation of creative solutions by participants  
12:30- Hands-on Application of Creative Techniques, Participants apply creative thinking to  
14:00 solve real-world challenges

## DAY 3: Talking to You

9:00- Flow State and Unconscious Incubation, Importance of rest for cognitive processes,  
10:00 Strategies to overcome barriers of conventional thinking  
10:00- Coding Flow State, Hands-on coding exercises to promote flow state  
11:00  
11:00- Coding Simulation, Simulating coding challenges to enhance problem-solving skills  
12:30  
12:30- Collaborative Coding Project, Group coding project to apply flow state concepts  
14:00

## DAY 4: Communication

9:00- Basics of Communication, Introduction to communication theory, Understanding  
10:00 elements involved in the communication process  
10:00- Verbal and Non-Verbal Communication, Exploration of verbal and non-verbal  
11:00 communication, Communication exercises for effective collaboration  
11:00- Effective Communication in Team Projects, Group discussions on applying effective  
12:30 communication in collaborative projects, Role-plays to enhance communication skills

12:30- Team Project: Effective Communication, Participants engage in a collaborative project, 14:00 emphasizing effective communication

## **DAY 5: Beautiful Feeling**

9:00- Empathy and Assertiveness in Team Projects, Understanding the role of empathy and 10:00 assertiveness in collaborative projects, Tips for development and implementation  
10:00- Assertive Techniques in Team Projects, Applying assertive techniques in collaborative 11:00 scenarios, Group discussions on assertiveness in teamwork  
11:00- Team Project: Empathy and Assertiveness, Collaborative project emphasizing empathy 12:30 and assertiveness, Group reflection on project outcomes  
12:30- Interactive Workshop: Empathy and Assertiveness in Teams, Interactive workshop on 14:00 building constructive relationships in collaborative teams, Team-based activities for relationship building

## **DAY 6: Critical Thinking**

9:00- Preparing for Effective Communication, Establishing communication goals, 10:00 Responsibilities in communication, Clean language principles  
10:00- Active Listening, Importance of active listening in communication, Interactive exercises 11:00 for active listening skills  
11:00- Overcoming Communication Barriers, Strategies to jump communication barriers, 12:30 Role-playing scenarios for practical application  
12:30- Critical Thinking Project: Analyzing Communication Barriers, Participants work on a 14:00 collaborative project analyzing and solving communication barriers

## **DAY 7: Collaboration and Problem Solving**

9:00- Benefits of Collaboration, Understanding the advantages of collaboration at different 10:00 levels, Case studies on successful collaboration  
10:00- Non-Violent Communication (Rosenberg), Principles of non-violent communication, 11:00 Role-play exercises for applying non-violent communication  
11:00- Collaborative Problem-Solving Programs, Introduction to programs fostering social and 12:30 life skills through collaborative problem-solving, Group discussion on program implementation  
12:30- Relaxation Techniques and Creative Problem Solving, Anger management and 14:00 alternatives to aggression, Building self-esteem and fostering caring peer relationships, Creative techniques for collaborative problem-solving

## **DAY 8: Chain of Keys**

9:00- Positions in Collaborative Projects, Definition and consequences of different positions (teacher, student, classroom atmosphere), Role-playing scenarios for understanding 10:00 positions  
10:00- Group Reflection on Classroom Dynamics, Reflecting on the impact of positions in 11:00 classroom dynamic, Interactive activities for creating a positive classroom atmosphere  
11:00- Coding Project: Chain of Keys in Action, Applying the concept of the chain of keys in a 12:30 coding project, Group discussions on project outcomes

12:30- Interactive Workshop: Improving Classroom Atmosphere, Collaborative workshop on strategies to enhance the classroom atmosphere, Group activities for implementing positive changes  
14:00

## **DAY 9: Combination**

9:00- Collaborative Group Work in Real-Life Contexts, Applying the 4C's to real-life scenarios: stereotypes, advertising, and history, Group discussions on the application of collaborative skills  
10:00

10:00- Wonder and Questioning Strategies, Strategies for clarification and challenging assumptions through questioning, Coding exercises related to questioning strategies  
11:00

11:00- Techniques and Programs for Critical Thinking Development, Exploring techniques, strategies, and programs to stimulate critical thinking among learners, Group discussions on implementing critical thinking programs  
12:30

12:30- Coding Challenge: Real-Life Application, Participants engage in a coding challenge  
14:00 applying critical thinking to real-life scenarios

## **DAY 10: The Community of Hope**

9:00- Conclusions and Reflections, Summarizing key takeaways from the course, Reflection on personal and collective growth  
10:00

10:00- 21st Century Competencies, Understanding the relevance of the 4C's in the 21st century, Group discussions on their integration into teaching practices  
11:00

11:00- Sharing Plans for a Creative and Critical Class, Participants share their plans for implementing the 4C's in their teaching, Group feedback and collaborative refinement of plans  
12:30

12:30- Creative Farewell and Course Closure, Creative farewell activities, Final reflections on the importance of the course and its impact and delivery of certificate of attendance.  
14:00