



# idevelop

Course 4 C'S (10 days), 10 days

Alicante

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## Course Description

In this course, educators will acquire diverse strategies and methodologies aimed at nurturing their students into not just learners, but creative and critical thinkers, adept collaborators, and proficient problem solvers. The overarching goal is to empower teachers to craft learning environments that not only foster confidence but also stimulate exploration and development in students."

To elevate problem-solving skills, the course delves into the comprehensive understanding and adept management of cognitive, intrapersonal, and interpersonal skills. By imparting this knowledge, teachers can play a pivotal role in contributing to the overall well-being and future success of their students. Through the course, educators will gain insights into the interconnected nature of these skills, enabling them to guide students towards a holistic development that extends beyond academic achievement.

## Competences

Experience heightened motivation and enthusiasm in your day-to-day professional endeavors, radiating this positive energy throughout the entire teaching community. Elevate the perspectives and developmental opportunities for each student under your guidance. Foster collaborative learning through group projects and long-term initiatives, sparking transformative changes with enduring positive effects on the learning process and contributing to a more gratifying and stimulating school climate.

Stay ahead of contemporary educational trends and methodologies, ensuring your teaching practices remain relevant and impactful. This course provides a platform for teachers to continually verify and refine their pedagogical and communication skills, empowering them to adapt to evolving educational landscapes.

Feel free to modify the language to align with the specific tone and style you envision for your communication.

## Methodology

The course approach is rooted in the collective experience and thorough analysis of the group's reality and concerns. Our primary focus will be on interactive sessions, utilizing assemblies and small group discussions to foster creativity, thereby broadening opportunities and exploring alternative avenues for action.

As an integral part of the course, teachers will be equipped with a comprehensive strategy for continuing their learning journey. This includes a tailored plan to monitor and implement best practices in their respective schools, drawing upon the knowledge, skills, and competences acquired during the course in Spain.

Teachers, through their dedicated commitment and active participation, will not only gain new competences but also have the opportunity to forge supportive networks within their communities. By showcasing their work and contributions at a local level, they become catalysts for positive change, effectively presenting and disseminating their achievements to a wider audience.

## Results

Upon completion of this course, participants will be able to:

- Gaining basic theoretical knowledge about interpersonal communication, which will enable them to use both more effective and conscious communication in order to exert better influence.
- Know the practical application of communication theory and techniques for the better development of their teaching, facilitating students' learning, collaboration and problem-solving.

- Improve your skills to build constructive and positive relationships with students, partners and families.
- Study specific programs to teach students to improve communication, social skills, and problem-solving.
- Be able to use various methods of implementing creative solutions in professional life, while discovering your own creative resources.
- Effectively create conditions and support creative and critical thinking among your students.
- Learn and use a wide range of programs and tools designed to shape creative and critical thinking.
- Learn to look for solutions and improve your communication skills by analyzing problems from a systemic and systematic point of view.
- Develop an awareness of the starting point, challenges and opportunities, planning short- and long-term strategies adapted to the personal and professional situation and the context in which their activities take place.

## Day by day Planning

### DAY 1: All and Everyone

- 9:00- Ice-breaking Session, Welcome and introduction to the course, Interactive activities
- 10:00 for participants to get to know each other
- 10:00- Presentation Activity, Participants share experiences related to the 4C's topics,
- 11:00 Expectations towards the workshop are discussed
- 11:00- Group Exchange, Collaborative discussion on shared experiences, Establishing a
- 12:30 common understanding of workshop goals
- 12:30- Case Study Analysis. Participants analyze real-world cases related to the 4C's
- 14:00

### DAY 2: Creativity

- 9:00- Creative Thinking Principles, Definition and principles of creative thinking, Identification
- 10:00 and analysis of creative thinking styles among participants
- 10:00- Unconventional Thinking Techniques, Introduction to unconventional and lateral
- 11:00 thinking, Simulation of creative thinking methods among students
- 11:00- Creative Project Development, Collaborative creative project development,
- 12:30 Presentation of creative solutions by participants
- 12:30- Hands-on Application of Creative Techniques, Participants apply creative thinking to
- 14:00 solve real-world challenges

### DAY 3: Talking to You

- 9:00- Flow State and Unconscious Incubation, Importance of rest for cognitive processes,
- 10:00 Strategies to overcome barriers of conventional thinking
- 10:00- Coding Flow State, Hands-on coding exercises to promote flow state
- 11:00
- 11:00- Coding Simulation, Simulating coding challenges to enhance problem-solving skills
- 12:30
- 12:30- Collaborative Coding Project, Group coding project to apply flow state concepts
- 14:00

### DAY 4: Communication

- 9:00- Basics of Communication, Introduction to communication theory, Understanding
- 10:00 elements involved in the communication process
- 10:00- Verbal and Non-Verbal Communication, Exploration of verbal and non-verbal
- 11:00 communication, Communication exercises for effective collaboration
- 11:00- Effective Communication in Team Projects, Group discussions on applying effective
- 12:30 communication in collaborative projects, Role-plays to enhance communication skills

- 12:30- Team Project: Effective Communication, Participants engage in a collaborative project,  
14:00 emphasizing effective communication

## **DAY 5: Beautiful Feeling**

- 9:00- Empathy and Assertiveness in Team Projects, Understanding the role of empathy and  
10:00 assertiveness in collaborative projects, Tips for development and implementation  
10:00- Assertive Techniques in Team Projects, Applying assertive techniques in collaborative  
11:00 scenarios, Group discussions on assertiveness in teamwork  
11:00- Team Project: Empathy and Assertiveness, Collaborative project emphasizing empathy  
12:30 and assertiveness, Group reflection on project outcomes  
12:30- Interactive Workshop: Empathy and Assertiveness in Teams, Interactive workshop on  
14:00 building constructive relationships in collaborative teams, Team-based activities for  
relationship building

## **DAY 6: Critical Thinking**

- 9:00- Preparing for Effective Communication, Establishing communication goals,  
10:00 Responsibilities in communication, Clean language principles  
10:00- Active Listening, Importance of active listening in communication, Interactive exercises  
11:00 for active listening skills  
11:00- Overcoming Communication Barriers, Strategies to jump communication barriers,  
12:30 Role-playing scenarios for practical application  
12:30- Critical Thinking Project: Analyzing Communication Barriers, Participants work on a  
14:00 collaborative project analyzing and solving communication barriers

## **DAY 7: Collaboration and Problem Solving**

- 9:00- Benefits of Collaboration, Understanding the advantages of collaboration at different  
10:00 levels, Case studies on successful collaboration  
10:00- Non-Violent Communication (Rosenberg), Principles of non-violent communication,  
11:00 Role-play exercises for applying non-violent communication  
11:00- Collaborative Problem-Solving Programs, Introduction to programs fostering social and  
12:30 life skills through collaborative problem-solving, Group discussion on program  
implementation  
12:30- Relaxation Techniques and Creative Problem Solving, Anger management and  
14:00 alternatives to aggression, Building self-esteem and fostering caring peer relationships,  
Creative techniques for collaborative problem-solving

## **DAY 8: Chain of Keys**

- 9:00- Positions in Collaborative Projects, Definition and consequences of different positions  
10:00 (teacher, student, classroom atmosphere), Role-playing scenarios for understanding  
positions  
10:00- Group Reflection on Classroom Dynamics, Reflecting on the impact of positions in  
11:00 classroom dynamic, Interactive activities for creating a positive classroom atmosphere  
11:00- Coding Project: Chain of Keys in Action, Applying the concept of the chain of keys in a  
12:30 coding project, Group discussions on project outcomes

12:30- Interactive Workshop: Improving Classroom Atmosphere, Collaborative workshop on  
14:00 strategies to enhance the classroom atmosphere, Group activities for implementing positive changes

## **DAY 9: Combination**

9:00- Collaborative Group Work in Real-Life Contexts, Applying the 4C's to real-life scenarios:  
10:00 stereotypes, advertising, and history, Group discussions on the application of collaborative skills

10:00- Wonder and Questioning Strategies, Strategies for clarification and challenging  
11:00 assumptions through questioning, Coding exercises related to questioning strategies

11:00- Techniques and Programs for Critical Thinking Development, Exploring techniques,  
12:30 strategies, and programs to stimulate critical thinking among learners, Group discussions on implementing critical thinking programs

12:30- Coding Challenge: Real-Life Application, Participants engage in a coding challenge  
14:00 applying critical thinking to real-life scenarios

## **DAY 10: The Community of Hope**

9:00- Conclusions and Reflections, Summarizing key takeaways from the course, Reflection  
10:00 on personal and collective growth

10:00- 21st Century Competencies, Understanding the relevance of the 4C's in the 21st  
11:00 century, Group discussions on their integration into teaching practices

11:00- Sharing Plans for a Creative and Critical Class, Participants share their plans for  
12:30 implementing the 4C's in their teaching, Group feedback and collaborative refinement of plans

12:30- Creative Farewell and Course Closure, Creative farewell activities, Final reflections on  
14:00 the importance of the course and its impact and delivery of certificate of attendance.